



Conwy and Denbighshire Public Services Board: Well-being Delivery Plan 2018 - 2023



People – Supporting Good Mental Well-being for all ages


Delivery Plan – 2019 / 20

Lead PSB Organisation & Member	Public Health Wales	Richard Firth (Public Health Consultant)
Support PSB Organisation & Member	Betsi Cadwaladr University Health Board	Bethan Jones (Area Director for Central)

Priority	Focus Areas	Impact
People – Supporting Good Mental Well-being for all ages	<ol style="list-style-type: none"> 1. Encourage PSB organisations to roll out mental well-being training to their workforce. 2. Encourage PSB organisations to support mental wellbeing activities and combined initiatives. 3. Boosting volunteer services utilising people with capacity 	<ul style="list-style-type: none"> • More people experiencing good mental well-being and fewer people suffering anxiety and depression. • Less self-harming and lower suicide rates. • Less stigma around mental well-being • Develop more resilient communities

RAG action key					
Action not progressing / areas of concern have been raised		Action progressing and no concerns raised		Action complete	

Action		Progress Update – Feb 2020	Performance
1.	Move Mental Wellbeing priority forward.	<p>Lead for priority transferred to BCUHB in Mar 2019. Local Public Health Team, in Sep 19, requested to assist in moving the MWB project forward and determine potential project areas in support of priority.</p> <p>Worked conducted Sep – Dec 2019</p> <ul style="list-style-type: none"> • Ensure understanding of mental wellbeing and define it. • Identification of indicators/measures of mental wellbeing. • Establish MWB baseline and where are we now. • Meet with key stakeholders to identify current gaps or areas for exploitation in current MWB provision and support. • Development of project options for delivering the MWB priority. • Findings presented to PSB as a paper. <p>Paper circulated Jan 2020 presenting findings and proposing potential areas for delivery of MWB priority.</p>	<div style="display: flex; justify-content: space-around; width: 100px;"> <div style="background-color: red; width: 20px; height: 20px;"></div> <div style="background-color: yellow; width: 20px; height: 20px;"></div> <div style="background-color: green; width: 20px; height: 20px;"></div> </div> <p>Paper circulated to PSB members Jan 2020</p>

Action		Progress Update – Feb 2020	Performance
2.	Determine Mental Wellbeing Project(s) to deliver priority	<p>Four principle areas for delivery of the MWB priority have been identified and potential activities therein. The four areas are:</p> <ul style="list-style-type: none"> • Farming community / Rural mental wellbeing • Libraries for mental wellbeing • Refresh of five ways to mental wellbeing • Local Implementation Team / ICAN – Mental Health and Suicide Awareness Training <p>The project areas can be considered as separate entities. However, there are areas of overlap under the identified projects such that there is scope to adopt a pick and mix approach with complementing components rather than a single project.</p>	 <p>Delivery projects identified</p>

Risks to Manage:

This is a complex area of work where a great deal is already taking place. The challenge remains for the PSB to understand where it can most add value to this busy, but important agenda, not only locally, but regionally.

The plan is in its forming stage and it is important to ensure that a multi-agency approach is taken, appropriately resourced, and that identified project(s) are adequately resourced in order to achieve what is set out in the Plan.

PROJECT DELIVERY CONFIDENCE SUMMARY

Project Delivery Confidence Assessment:

Green

Successful delivery of the project / programme to time, cost and quality appears highly likely and there are no major outstanding issues that at this stage appear to threaten delivery significantly.

Yellow	Successful delivery appears probable but significant issues already exist requiring management attention. These appear resolvable at this stage and if addressed promptly, should not present a cost / schedule overrun.
Orange	Successful delivery of the project / programme is in doubt with major risks or issues apparent in a number of key areas. Urgent action is needed to ensure these are addressed, and whether resolution is feasible.
Red	Successful delivery of the project / programme appears to be unachievable. There are major issues, which at this stage does not appear to be manageable or resolvable. The project / programme may need re-base lining and/or overall viability re-assessed.

Reasons for current delivery confidence

Progress on this priority area has historically been slow. Urgent action is now required to determine the project areas and projects to be taken forward in delivering this priority. A multi-agency group needs to be established to deliver the agreed project in a timely manner and ensure that timelines are met.

Previous Delivery Confidence Status

Green / Yellow / Orange / Red

PROJECT HIGHLIGHTS

Please outline any key events or milestones for the reporting period

Production of PSB MWB paper
 Identification of four themes and activities within those themes, supporting MWB.

NEXT REPORTING PERIOD

Please outline any key events or milestones expected for the next reporting period

MWB project(s) identified and multi-agency group established to deliver priority.
 Work plan / Action plan produced